

Emergency Preparedness and Response Fall 2013 Newsletter



Amateur Radio Emergency Services Clinton County ARES

HAMs are invited to participate in the Clinton County Weekly Net on Sunday evenings at 8:30 pm on 147.165. We are also invited to attend the Okaw Valley Amateur Radio Club meetings on the first Thursday of the month at 7:30pm. These meetings are held at the Kaskaskia College Learning Center in Greenville, 209 N. Third Street. For more information, contact Tim Rapp, our local ARES Emergency Coordinator, at: tim@k9wx.com or check out Tim's website for the county: www.ClintonCountyARES.net.



Clinton County Amateur Radio Emergency Service is a county-wide organization of volunteer amateur radio operators dedicated to providing communications support for local government and non-profit, disaster relief organizations within Clinton County in the event of a disaster or other emergency.

Clinton County (Now the South Central Illinois) Medical Reserve Corps (MRC)

www.facebook.com/SouthCentralIllinoisMedicalReserveCorps
https://clintonco.illinois.gov/medical_reserve.htm

As you know, the Clinton County Medical Reserve Corps (CC MRC) was formed in August 2010 from a cadre of volunteers who had been serving in the community for a number of years. We are excited to report that the organization has now been expanded to also serve the citizens of Washington County in Southern Illinois! Hence our new name, the "South

Central Illinois Medical Reserve Corps" (SCI MRC). This is the result of a new CDC requirement that all health departments be serviced by a local Medical Reserve Corps Unit. Washington County Health Department approached us earlier in the year to determine the feasibility of combining our resources to better serve the citizens of our bi-county jurisdiction. After several meetings and lots of paperwork, we are excited to finally begin this new adventure.



The goal of the SCI MRC is to support the Clinton and Washington Counties Health Departments' mission to "provide services to protect the public's health and to enhance the quality of human life through health education, health promotion, and prevention." Our objectives are three-fold:

- 1) Help our Community **Be Safe** - enhance the community's ability to respond to and recover from critical events and disasters through the effective recruitment, credentialing, training, coordination and accountability of public health volunteers;
- 2) Help our Community **Become Prepared** - encourage awareness of personal preparedness and promote community resilience in all activities and at all levels; and
- 3) Help our Community **Get Healthy** - support local partners in promoting the health and well-being of Clinton and Washington Counties' citizens through participation in educational programs, community health fairs, and public relations' activities.

An introductory meeting for new volunteers will take place on Monday evening, Dec 9 - 7:00 pm, at the Washington County Health Department, 177 S. Washington, in Nashville. **All are invited!!**

Code Red (formerly Global Connect). We will be conducting a test of our emergency communications capabilities using our new **Code Red** system before the end of the year so stay tuned. If you haven't gone on the website to set up an account and check your call preferences, please do so at your earliest convenience:

(https://clintonco.illinois.gov/medical_reserve.htm)

Code Red is an emergency messaging system that can reach out to citizens to communicate emergency messages and/or notifications (i.e. boil orders, environmental threats, or food recalls) within minutes. Once the system is operational, more opportunities and services may become available to our local area. The Health Department is pleased to add this resource to our communications abilities and looks forward to providing these additional services to the community and clients we serve.



Healthy Communities, Healthy Activities, Healthy Rest and Relaxation, Healthy Eating and Healthy Social Networks =

C.A.R.E.S.

Be sure to check out the MRC's Facebook page (<https://www.facebook.com/pages/South-Central-Illinois-Medical-Reserve-Corps/>) to stay up to date on healthy activities that will not only increase individual capabilities to respond in an emergency but will also support community resiliency (capacity) in a disaster. Also watch for our health articles in local papers, "Living Healthy in Southern Illinois." During the month of November, we are celebrating

National Hospice Month; and December's articles will focus on Getting Ready for the New Year.

**Functional Needs Support
Services Network (FNSS) and
Child S.A.F.E.
(Bio-Terrorism Advisory Council)**



Our next meeting will Kick-off the New Year on Jan 15, 2014 from 11:00 am to 1:00 pm at St. Joseph's Hospital Conference Room in Breese. This will be a working lunch as we review our Emergency Operations Plans, roles and responsibilities, and call down/activation procedures. This meeting is in preparation for the CDC's visit to Clinton County in February to conduct the Health Department's annual evaluation/assessment. This will be the CDC's first visit to Clinton County so we are anxious to have our plans and procedures in good order. We hope all can join us on this date for a great meeting!

Member Spotlight

This quarter we would like to introduce two fairly, new members to the MRC who we will be getting to know much, much better over the coming months – Elizabeth Lehde and Tina Siegler!!



Elizabeth is a nurse with the Washington County Health Department WIC program. She has been working with the volunteers in Washington County and will be taking on the role of MRC County Coordinator. Elizabeth lives in Okawville with her husband and two boys. She enjoys scrapbooking, cake decorating and selling ThirtyOne Bags.

Tina lives in Carlyle with her Beagle "Charlie" and has worked as a QIDP for Community Link in Breese for over 20 years. Her favorite hobbies are reading and motorcycling to explore Southern Illinois. She will be taking on the role of MRC County Coordinator for Clinton County.

Retirement

We are sad to report that Joan Goebel, RN will be retiring from the Clinton County Health Department at the end of the year. Joanie has served the county with distinction for more than 37 years and will be sorely missed. In turn, we would like to welcome Dawn Shaw, RN to Clinton County who will be taking on Joanie's many responsibilities. Please stop by the office to extend your best wishes to these ladies!

2013-2014 Dates

Dec 9	7:00 pm WCHD - Introductory MRC Meeting
Jan 11	9:00 am CC EMA – Overview of Core Competencies
Jan 13	7:00 pm WCHD – Overview of Core Competencies
Jan 15	11:00am St. Joe's Hosp. – BTAC Kick-off Meeting
Feb 8	9:00 am CC EMA – Public Health 101
Feb 10	7:00 pm WCHD – Public Health 101
Feb 26	10:00 am CC EMA – FNSS meeting NIMS/ICS
Mar 8	9:00 am CC EMA – Volunteer Code of Conduct
Mar 10	7:00 pm WCHD – Volunteer Code of Conduct
Mar 26	10:00 am CC EMA – FNSS meeting



Public Health
Prevent. Promote. Protect.

CONTACT INFORMATION

Clinton County Health Department

930-A Fairfax, Carlyle, IL 62231
Office: (618) 594-2723 ~ Fax: (618) 594-5474
New Hours: M-F 8:00 am-4:30 pm
Janice Albers, RN, MSN, Administrator
Joan Goebel, RN and Dawn Shaw, RN
Marian Voss
Kris Tebbe
Holly Timmermann, LEHP
Environmental Health

September McAdoo, MPA, MA
Emergency Preparedness and Medical Reserve Corps

Women Infant Children & Family Case Management

Office: (618) 594-8942 ~ Fax: (618) 594-3225

Pam Sheathelm, RN - WIC Coordinator

Jennifer Boyd, RN

Sandra Hohman, RN

Michelle Nordike, RN

Beverly Krieger - *Office Manager*

Jane Bingham - *WIC Clerk*

Kaitlyn Fuller and Louise McMinin - *Peer Counselors*

Washington County Health Department

177 S. Washington, Nashville, IL 62293

Office: (618) 327-3644 ~ Fax: (618) 327-4229

Hours: M-F 8:00 am – 4:30 pm

Sharon Frederking, RN, MSN, Administrator

Charlene Rybacki - *Administrative Assistant*

Babette Frederking, RN - *Health Educator*

Jamie Jones, LEHP - *Environmental Health*

Joyce Carson, RN - WIC & Nursing Services Coord.

Karen Martens - *WIC Clerk/Medical Assistant*

Elizabeth Lehde, RN - *WIC Nurse*

Clinton County Health Department

Office of Emergency Preparedness and Response
*Medical Reserve Corps, Amateur Radio Emergency
Services, C.A.R.E.S., the Bio-Terrorism Advisory
Council, and the FNSS Network*

**930-A Fairfax Street
Carlyle, IL 62231**